

PMSS Bell Schedule 2024-25	
Monday (All Students)	
Block	Schedule
1	7:40 – 8:46
2	8:50 – 9:56
3	10:00 – 11:06
Lunch	11:06 - 11:45
4	11:45 - 12:52
5	12:56 - 2:02
Tuesday – Friday	
Block	Schedule
1	7:40 – 8:56
Flex	8:56 – 9:22
2	9:22 - 10:38
3	10:42 – 11:58
Lunch	11:58 – 12:40
4	12:40 – 1:56
	2:00 – 3:16
IB Diploma Programme Only: Tuesday – Friday (IB 11 and IB 12 Students)	
Block	Schedule
1	7:36 – 9:05
Flex	8:56 – 9:22
2	9:09 – 10:38
3	10:42 - 11:58
Lunch	11:58 – 12:40
4	12:40 – 1:56
5	2:00- 3:16

\*\*Most students will not have a Block 1 class.

Please check your schedule carefully. \*\*

### **LOST & FOUND**



These were found at the end of June. Please come to the office to claim.

## **MORNING STUDENT DROP OFF**

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

<u>PARENT FORMS & STUDENT FEES:</u> School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

<u>PMSS TIMES:</u> The PMSS Times will be distributed on *Tuesdays* and *Thursdays*, starting *today*. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

#### **LOCKERS:** *New Procedure*

Our enrollment has increased and we are implementing a new program for students to request a locker:

Please use the QR code below to request a locker.



Students will receive an email in their 088 district email account with the locker number and combination within the next couple of weeks. This form is available until September 19<sup>th</sup>. Thank you for your patience as we work our way through the new process.

#### **LIBRARY VOLUNTEER**

Are you interested in helping others? Are you looking for volunteer work?

Consider applying to become a volunteer library page.

Volunteer library pages help the library learning commons team during Flex, Lunch, and afterschool. Commitment to as many or as few shifts as you would like. Full training provided.

Stop into the Library Learning Commons on the third floor for more information and to apply or click this link to apply online.

https://forms.office.com/r/ZnzijLA0M1

#### **ROBOTICS CLUB**

Are you interested in designing, building or coding robots? Robotics Club is looking for new members. Our season has already started and spots are limited! Sign up now: <a href="https://forms.office.com/r/SXzhMCGyC8">https://forms.office.com/r/SXzhMCGyC8</a>

#### **MARVEL TRADING CARDS**

Do you collect the Loblaw's Marvel Cards? Are you missing a few to complete your set? If so come to Room 324 at FLEX and Lunch on Friday (September 13) to trade with others.

#### **THEATRE AUDITIONS**

Interested in being a part of the fall play or the spring musical? Come audition this week! Sign up for an audition outside the Drama Room. No experience needed! See Mr. Meredith for more information.

## CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

#### **PMSS Career Resource Centre**

**Main Office.** Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

**How to keep up with the news?** Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don't forget to check out the <a href="PMSS Online Career Centre website">PMSS Online Career Centre website</a>

#### Post-Secondary workshops and info sessions

**Ivy + Student Information Session**: Canada will be hosting virtual info sessions for all students to learn about the highly selective college admissions process, and address issues of particular concern to students applying from Canada. This group includes: Brown University, Columbia University, Cornell University, Dartmouth University, Harvard University, Massachusetts Institute of Technology, Princeton University, Stanford University, University of Pennsylvania, and Yale University. To register for Sept 10<sup>th</sup> at 4pm please click <u>HERE</u>. For Sept 24<sup>th</sup> at 4pm, click <u>HERE</u>.

**Canadian Universities Event** featuring schools from across Canada will be held on *Tuesday, September 24<sup>th</sup> 2024* at *Heritage Woods Secondary's Grand Hall* from 9am - 11am this year! Attend and ask questions from university recruitment staff!

**How to Apply to Post-Secondary 101** is being hosted by Ms. Chang this year on *Wednesday September 25*<sup>th</sup> in the *library* at lunch! We will go through the application process together, and will be answering any questions you have!

## **General Learning Opportunities**

\*NEW\* Vancouver Film School's Portfolio Review is back on September 21<sup>st</sup> from 10am – 1pm for aspiring animators or creative designers looking to launch their industry career and would like professionals to review your creative portfolio. If you don't have a portfolio, you can learn about how to develop one. There is a virtual option if you are unable to attend in person. For more info, or to register, click HERE!

\*NEW\* BC Children's Hospital Mini Med School is open for applications again (deadline is September 27<sup>th</sup>)! This year the theme is from Data to Diagnosis: Navigating Digital Health. It is scheduled for Wednesday October 16, 23, 30 and November 6<sup>th</sup> from 6:30 – 8:00pm. For more information, or to apply click HERE!

Vancouver Area Independent Schools US College Fair is coming to West Point Grey Academy on Thursday, October 10<sup>th</sup>, 2024, from 5-7pm! With confirmed admission representatives from Boston University, University of California Berkeley, University of Chicago and many more! Come learn more about post-secondary opportunities in the US. Visit HERE for more info!

\*NEW\* Youth to Sea Leadership Program is open for applications until October 15<sup>th</sup>! This 8-month long program is open to any 15-18 year old Canadian citizen or refugee living in Canada interested in engaging with their community and the ocean. Develop ocean conservation knowledge, and by the end of the program, you would have completed 120 volunteer service hours! For more information and to apply, click <a href="mailto:HERE">HERE</a>! Email <a href="mailto:youth@ocean.org">youth@ocean.org</a> if you have any questions.

**JCCF Photography/ Digital Art Contest** invites all Canadians 15+ to enter with prizes of \$2000 for first prize, \$1000 for second and \$500 for third! Students need to submit their entry with the theme *What Freedom in Democracy Looks Like to Me*. Deadline to submit is October 27th. Click <u>HERE</u> to apply or for more info!

OceanWise – Youth to Sea Leadership Program 2024-25 is looking for Canadian/ PR/ refugees aged 15-18 to join their 8 month program (October to May) and learn about engaging their local community and making connections between themselves, their community, and our ocean. It will bring youth together to provide them with opportunities to develop their ocean conservation knowledge and personal skills. Participants will even have earned at least 120-service hours by the end of the program. Any questions? Please email <a href="mailto:youth@ocean.org">youth@ocean.org</a>. To apply, click <a href="mailto:HERE">HERE</a>, and for more info, click HERE!

### **Trades and Apprenticeship Information**

## **Volunteer/Employment Opportunities**

**Eagle Ridge Hospital – Volunteer Program** is looking for students aged 16-18 years old to volunteer as logistical support team members at Eagle Ridge Hospital! Get involved with the patient, public and provider in a hospital environment! The times are from 4:30 – 7:00pm with a variety of dates to choose from. Click HERE to apply or for more info!

**Place des Arts:** Youth Council is looking for Gr. 9-12 volunteers with strong interest in the arts and looking to develop their leadership skills. Deadline to apply is *September 20<sup>th</sup> 2024*. Click <u>HERE</u> to apply. Email <u>volunteer@placedesarts.ca</u> if you have any questions.

**Elections BC – Youth at the Booth** is hiring 15-18 year old Canadian students to work as an election official at a voting place in their local community. You will be paid at least \$390 a day and will work on October 19<sup>th</sup> + some training days. For more info, click <a href="https://example.com/HERE">HERE</a> or email <a href="mailto:jobs@elections.bc.ca">jobs@elections.bc.ca</a>

#### Scholarship / Awards

\*NEW\* Morehead Cain Scholarship is open for nominations (valued at full tuition, housing + fees at the University of North Carolina at Chapel Hill). If you are a leader with a strong moral force of character, have a strong desire to learn and physical vigor, consider applying! The PMSS nomination deadline is *Monday September 23<sup>rd</sup> at 3:00pm*. To apply, please download the form from the Career Centre website or the Career Centre TEAMS. For any questions, please contact Ms. Chang in Rm 2013 of the Main Office or email (mchang@sd43.bc.ca)

\*NEW\* The University of Toronto National Book Award (valued at full tuition, incidental and residence fees for up to 4 years of study at the University of Toronto. Finalists will receive \$7500+) is open for nominations! If you are a Canadian citizen intending to begin University with superior academic performance, original and creative thought, and exceptional achievement in a broad context, please consider applying! The PMSS nomination deadline is *Thursday September 26<sup>th</sup> at 3:00pm*. To apply, please download the form from the Career Centre website or the Career Centre TEAMS. For any questions, please contact Ms. Chang in Rm 2013 of the Main Office or email (mchang@sd43.bc.ca)

**Basant Motors Scholarships** (valued at 15 x \$2200) is open for all Canadian Gr. 12 students with a minimum GPA of 3.2 and demonstrates attributes of good citizenship and service in school and community while planning to attend a post-secondary institution in 2025. The deadline to apply is September 28<sup>th</sup>, 2024. For more info, or to apply, click HERE!

**Engineers and Geoscientists of BC Scholarships** (varies from \$2500 - \$4000) is open for any high school students entering engineering or earth science programs at select BC schools or entering engineering transfer programs or civil engineering programs, and the Keith E Fenton Memorial Scholarship has a deadline set for Sept 30. Click <u>HERE</u> to apply or for more info.

**University of Toronto's Lester B. Pearson International Scholarship** (valued for full tuition, books, incidental fees, and full residence support for 4 years at the University of Toronto) is open for nominations to any *international students* (non-Canadian requiring a study permit) who will be in Gr. 12 in Sept 2024. If you are interested in being nominated by the school for this award, please submit a nomination form (found on PMSS Career Centre TEAMS or PMSS Online Career Centre website or visit Ms. Chang in Rm 3065) by **October 1**st, **2024** to Ms. Chang (mchang@sd43.bc.ca) and Ms. Campbell (cicampbell@sd43.bc.ca). For more information about this scholarship, please click HERE!

**LORAN Awards** (Valued at \$100,000 + other benefits for LORAN Scholars, and \$6000 for finalists) is open for applications to any Canadian Gr. 12 students with a minimum cumulative average of 85%. The application deadline is *October 15<sup>th</sup>* 2024. If interested, apply HERE. For more info, click HERE!

# **PARENTS**

PMSS 2024-2025 SCHOOL CALENDAR: Please click HERE for the 2024-2025 School Calendar

First PAC (Parent Advisory Committee) meeting of the 2024-2025 school year will be held on September  $17^{th}$  at 7:00 pm in room 222. All parents are welcome to attend PAC meetings. This group is always looking for interested parents to attend and take on roles within the PAC.

For information regarding **PAC**, please visit <a href="https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages">https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages</a>

# **COMMUNITY**



### What is Go by Bike Week?

Go by Bike Week is a celebration of cycling, where we encourage everyone in Metro Vancouver to give cycling a try and motivate those who already do to keep riding.

Ride your bike to the pharmacy, school, work or to grab a coffee, any destination counts and log your trips to track KM's and greenhouses gas savings, the more trips you log, the more prizes you can win! This year's grand prize, sponsored by Exodus Travels, is a holiday to Italy!

**Register for Free** 



# Free Fall Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting October 2024 on Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!





gv.ymca.ca/generation-health-community generationhealth@bc.ymca.ca



Childhood Healthy Living Foundation



